

Aerial Gymnastics Class Schedule

	8AM	9AM	10AM	11AM	12PM	1PM	2PM	3-3:45PM	3:45-4pm	4-4:45PM	4:45-5PM	5-5:45PM	5:45-6PM	6-6:45PM	7PM
Mon	Closed	Staff	ClassA	Class A	Class A	Class A	Staff	Class A Class B Class C	Class Prep	Class A Class B Class C	Class Prep	Class A Class B Team Practice	Class Prep	Class A Class B Team Practice	Team Practice
Tues	Closed	Staff	Staff	Class A	Class A	Staff	Staff	Class A Class B Class C	Class Prep	Class A Class B Class C	Class Prep	Class A Class B Team Practice	Class Prep	Class A Class B Team Practice	Team Practice
Wed	Closed	Staff	ClassA	Class A	Class A Class B	Staff	Staff	Class A Class B Class C	Class Prep	Class A Class B Class C	Class Prep	Class A Class B Team Practice	Class Prep	Class A Class B Team Practice	Team Practice
Thurs	Closed	Staff	Staff	Staff	Class A	Class A	Staff	Class A Class B Class C	Class Prep	Class A Class B Class C	Class Prep	Class A Class B Team Practice	Class Prep	Class A Class B Team Practice	Team Practice
Fri	Staff	Open Gym Children Only	Open Gym Children Only	Class A Class B	Class A	Class A	Staff	Class A Class B Class C	Class Prep	Class A Class B Class C	Class Prep	Class A Class B Team Practice	Class Prep	Class A Class B Team Practice	Team Practice
Sat	Staff	Class A Class B Class C	Class A Class B Class C	Class A Class B Class C	Class A Class B Class C	Class A Class B Class C	Privates	Birthday Party				Closed	Closed	Closed	Closed
Sun	Closed	Staff	Class A Class B Class C	Class A Class B Class C	Class A Class B Class C	Privates	Staff	Birthday Party				Closed	Closed	Closed	Closed

- Staff only time approx. 6 people cleaning and working on class curriculum
- Open Gym parent supervised children play approx. 10 to 15 people
- Typically one class, 6 students per class
- Typically, two to three classes 6 students per class
- Typically, three classes 6 students per class
- Birthday party 15 kids max with parents anywhere from 30 to about 40 people max
- Team Practice 20 kids per session
- Private lessons - one on one instruction, up to 10 people

*Each Class time is 45 minutes with 15 minutes of instructor prep before each class

*Birthday parties are 2 hrs