BLUE FOLDER ITEM

Blue folder items are additional back up material to administrative reports and/or public comments received after the printing and distribution of the agenda packet for receive and file.

CITY COUNCIL MEETING
SEPTEMBER 2, 2025

J.1 PUBLIC PARTICIPATION ON NON-AGENDA ITEMS

- **PUBLIC COMMUNICATION**

From:	Mark Nelson (Home Gmail)
To:	CityClerk; Communications; James Light; Jane Diehl; Paige Kaluderovic; Brad Waller; Chadwick B. Castle; Kevin Cody; Martha Koo; Michelle Bholat; Noel Chun; Scott Behrendt; Zein Obagi
Subject:	Fwd: Social Hour at The Rockefeller, the 2024 – 2025 School District Report, a note from our CEO, and more...
Date:	Thursday, August 21, 2025 5:21:25 PM

*CAUTION: Email is from an external source; **Stop, Look, and Think** before opening attachments or links.*

PUBLIC COMMENT - RB City Council

---------- Forwarded message ---------
From: **Mark Nelson (Home Gmail)** [redacted]
Date: Thu, Aug 21, 2025 at 5:18 PM
Subject: Re: Social Hour at The Rockefeller, the 2024 – 2025 School District Report, a note from our CEO, and more...
To: <communications@bchd.org>

At a bar? What is WRONG WITH YOU? Has BCHD lost all inhibitions? Supporting alcohol? Really? Beach Cities Drunk District?

Would it have been TOO MUCH to have it at one of your $100K per year Blue Zones restaurants? WTH?

On Thu, Aug 21, 2025 at 5:04 PM Beach Cities Health District <communications@bchd.org> wrote:

August 20, 2025

Join us for the next Blue Zones Project® Social Hour!

Our quarterly Social Hour is an opportunity to experience good company and practice some of Blue Zones Project's Power 9 Principles of Longevity, including Down Shift and Positive Pack, at a Blue Zones Project Approved™ Restaurant.

The Rockefeller in Redondo Beach is hosting our upcoming Social Hour. Come join us as we enjoy some healthy and hearty dishes packed with flavor! It's the perfect opportunity to reconnect,

recharge and experience the Power 9 in action.

Wednesday, September 17
4 – 6 p.m.
The Rockefeller
1707 S. Catalina Ave, Redondo Beach

Register for Social Hour

The 2024 - 2025 School District Report is here!

BCHD partners with the Hermosa Beach City School District (HBCSD), Manhattan Beach Unified School District (MBUSD) and Redondo Beach Unified School District (RBUSD) to offer programs to increase physical activity, improve nutrition and promote social-emotional well-being. This summary report includes programmatic outcomes and measurable results from the 2024-25 school year.

The report also includes best practices all three Beach Cities school districts have implemented across their respective districts to address the health and well-being of students, families and staff.

Read the School District Report

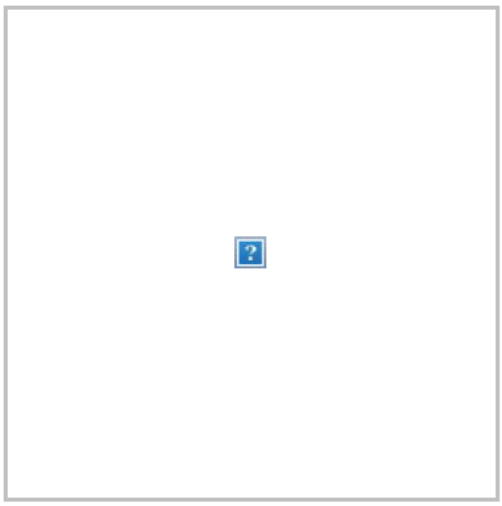
A Note from our CEO - August 2025

When I was growing up, “back to school” always meant September. These days, thanks to the AP testing calendar in high schools, many school districts have moved up their first day of classes to mid-August. That’s what has happened in the Beach Cities, as the Hermosa Beach City, Manhattan Beach Unified and Redondo Beach Unified School Districts all welcomed students on August 20.

That date marks the start of a busy month for our team at Beach Cities Health District, as members of our Well-Being Services department will attend many “Back-to-School Night” events in the public schools, promoting the numerous programs we offer for students, including LiveWell Kids, Drug Free Communities education, and the services available for young people at allcove Beach Cities.

Read More

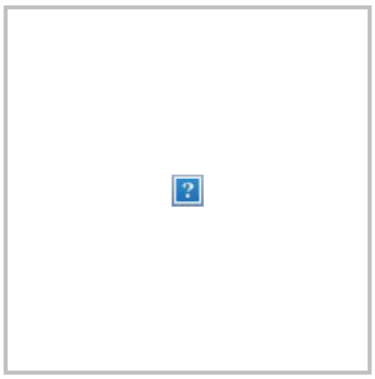
Thank you for participating in Beach Cities Volunteer Day!



Beach Cities Health District (BCHD), Hermosa Beach City School District, Manhattan Beach Unified School District and Redondo Beach Unified School District extend our heartfelt thanks to the 126 volunteers who supported this year's Volunteer Day. Together, we spruced up 13 of our elementary school gardens, preparing them for a new year of LiveWell Kids lessons. Your hard work, smiles and energy made a big difference for our students and community.

We want to give a special thanks to this year's community partners: Always Best Care, Division 19 South Bay Key Club, IBD, Okuda Family Dental, Sunrise of Hermosa Beach Senior Living, National Charity League South Bay and Woman's Club of Redondo Beach.

Click here for Volunteer Day 2025 Gallery



Share your Story!

Has a Beach Cities Health District program made a difference in your life? We want to hear from you whether it's an event, workshop, or time spent at the Center for Health & Fitness, AdventurePlex, or allcove Beach Cities.

Your story could inspire others and support funding and policy efforts. Selected stories may be featured in our communications, including

BCHD Frequently Asked Questions

Q: What did BCHD tell the Community Working Group about parking at the Healthy Living Campus?

A: At the initial meetings of the Community Working Group (CWG) for the Healthy Living Campus project in 2017, BCHD discussed its planned "approach" for parking and presented a "concept" for putting

newsletters, social media and more. Submissions may be edited for clarity and length.

Learn More

parking on the perimeter of the Campus. This was during the initial planning, and the presentations were part of the CWG's introduction to the project and were not presented as being set or final.

Read more FAQs

Flex Kids Club Membership re-opens August 25!

Flex Kids Club offers a variety of activities and programs for kids 12 and younger. Access to our 5-level indoor play structure for kids to climb, swing and explore, and ToddlerTown–a

toddlers-only imaginative play zone where kids can discover The Farm, shop for fresh fruits and vegetables in The Market and cook in The Beach House—designed to make learning healthy habits fun! The monthly fee includes Kids Club events and inflatable days and two buddy passes for Drop-In Play at joining.

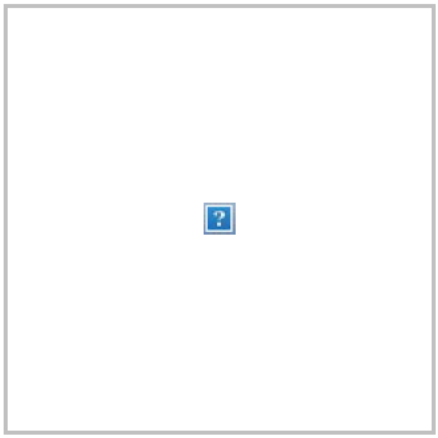
Become a member

Support Youth Mental Health!

allcove Beach Cities is a place where youth belong, chooses their support and thrives. This welcoming space is youth-designed, with the mission to reduce stigma, create community and provide accessible, connected services to support the health and wellbeing of young people.

Since opening in late 2022, allcove Beach Cities has welcomed 1,558 young people into its services (as of June 30, 2025 — 32 months of operation).

Where they're from:
Redondo Beach: 548 young people (35.2%)
Manhattan Beach: 223 young people (14.3%)
Hermosa Beach: 81 young people (5.2%)
Beach Cities total: 852 young people (54.7%)



Just across the street from the Campus, Torrance has the second-highest enrollment with 263 young people (16.9%). Together, the Beach Cities and Torrance account for 1,115 of the 1,558 total enrollees — 71.6%

We are on a mission to support the health and well-being of young people and find innovative solutions to the youth mental health crisis and we need your help. No matter how much you give, **100% of your donation supports youth well-being**. Donations go towards allcove Beach Cities, including mental health services, family coaching, program supplies, client transportation, operations and more.

Learn More

Free Fitness wraps up Monday, August 25!

Join us for our final Free Fitness event of 2025, Zumba in the Park, at Alta Vista Park in Redondo Beach. All ages and abilities are encouraged to participate, with modifications and variations offered to accommodate everyone, regardless of prior dance experience.

Bring a towel, water and a friend. Please note that parking can be limited, so we recommend biking, walking or carpooling to the event.

Monday, August 25

6:30 – 7:30 p.m.
Alta Vista Park on Julia Field

While registration closes at noon each day of the event, walk-ups are always welcome!

Register Here

Dementia Caregiver Support Groups

Caring for a loved one with a dementia diagnosis can be overwhelming and stressful. Our support groups offer a safe space to address the challenges that come with caring for someone, find support amongst peers who share similar experiences and openly express your feelings around being a caregiver.

REDONDO BEACH - Please join us **Monday, September 15** at 2 p.m. in the cafe at 514 N. Prospect Ave, Redondo Beach, 90277. Facilitated by Beach Cities Health District's Care Managers Joy Schmidt, LCSW and Rudy Diaz, ASW. In partnership with the Alzheimer's Association.

MANHATTAN BEACH - please join us Tuesdays **(August 26 and September 9)** at 1:30 p.m. at the Joslyn Community Center, 1601 N. Valley Dr., Manhattan Beach, CA 90266. Facilitated by Beach Cities Health District's Social Workers in partnership with the Alzheimer's Association and Manhattan Beach Older Adults Program.

Learn More

Social Hour with a Beach Cities Health District Social Worker

If you have a question regarding community resources, want to learn more about BCHD or share and learn ways to keep busy, please join us! These meetings are for all, a place to connect and feel heard.

1st and 3rd Tuesdays (Virtual)
(September 2 & 16)

10 – 11 a.m.
Zoom Link: https://bchd-org.zoom.us/j/87651635014

2nd Mondays (In-person)
(September 8)
2 – 3 p.m.
Manhattan Beach Joslyn Center, Sunset Room
1601 N. Valley Dr. Manhattan Beach, CA 90266

Register Now

Virtual Mindfulness Drop-In

Take 30 minutes to downshift and practice mindfulness techniques. The guided session will be led by a trained Beach Cities Health District instructor.

First Wednesday of the Month
(September 3)
4 – 4:30 p.m.

Register Now

Virtual Families Connected Parent Chat

The Families Connected Parent Chat is a free monthly support group open to all South Bay parents and caregivers. Provided in partnership between BCHD, South Bay Families Connected and Thelma McMillen Center, the Parent Chat

offers its participants a confidential and supportive space to share their parenting challenges and successes. Please note that the Parent Chat is not a therapeutic program, but rather a peer-to-peer support group with educational guidance from a mental health professional.

Second Tuesday of the Month
(September 9)
10 - 11 a.m.
Zoom: https://us06web.zoom.us/j/87374623578

Learn More

Virtual Happiness Chat

This is a casual discussion group with light-hearted activities to spark conversation. Share ideas, tips, resources, jokes, quotes – anything that supports our happiness!

Second Tuesday of the Month
(September 9)
12:30 – 1 p.m.

Register Now

Hybrid Board of Directors Meeting – SPECIAL DATE

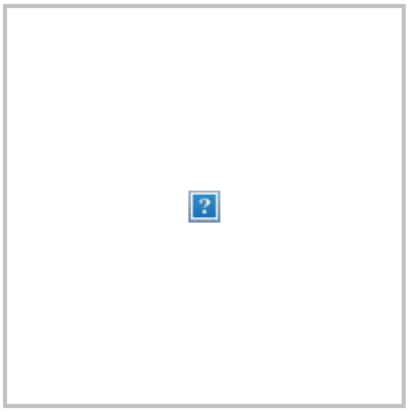
Residents are encouraged to attend BCHD Board Meetings either via Zoom or at 514 N. Prospect Avenue on the fourth Wednesday of the month (except Aug. and Dec.). Details about the meeting and agenda can be found online. Residents are encouraged to attend board meetings and may also contact board members directly with questions or

comments. (The September Board meeting date was changed due to a conflict with the Association of California Healthcare Districts' annual meeting.)

Tuesday, September 16
5:30 p.m. - Study Session
6:30 p.m. - Regular Board meeting
Beach Cities Health District
514 N. Prospect Ave.
Redondo Beach, CA
Lower Level, Beach Cities Room

Learn More

Mindful Connections Wellness Workshops



Mindful Connections is the go-to place for you to gain valuable insight and practical tools to help shift your mindset and improve your quality of life.

By completing this registration form once, you are welcome to attend one or multiple sessions. We ask that all participants be age 18 or older to receive services at South Bay Adult School.

Tuesdays, September 30 – November 4
(6 total Sessions)
12:00 - 1:30 p.m.
South Bay Adult School
3401 Inglewood Avenue
Redondo Beach, CA 90278
Room 10 and adjacent patio
Sessions will not be available online or recorded
Cost: Free, pre-registration is requested

Featured Topics:

- Prioritizing Goals and Physical Health
- Rebuilding Social Connections and Play
- Taking Control of Stress
- Introduction to Mental Health First Aid
- Awareness of What We Consume
- Practice Self-Care, Gratitude and Mindfulness
- Zumba Fitness Class and Celebration

Once registered, you will receive a weekly email reminder for each session. Additionally, you will be added to the general email list for Beach Cities Health District. You may unsubscribe at any time.

If you have any questions or comments, please contact (310) 374-3426 x8354 or email tami.kachel@bchd.org.

Sign Up

LIVEWELL. WE CAN HELP.

Find health-related resources and information for adults and families within the South Bay and Greater Los Angeles area.

Find Local Health Resources Near You

For additional assistance, contact Beach Cities Health District's Assistance, Information and Referral Line, (310) 374-3426 and press option 1.

AdventurePlex

Where kids and families play their way to good health

- Birthday parties
- Supervised weekend play so parents can have a night out
- Special events
- ToddlerTown play area
- 5-level play structure
- Programs for ages 0-12
- Drop-in play (please note: not available when camps are in session)

AdventurePlex
1701 Marine Ave.
Manhattan Beach, CA 90266
(310) 546-7708

Learn More

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allcove Beach Cities

allcove is a place for young people (ages 12-25) to take a moment of pause and access a range of services that include:

- Mental health
- Physical health
- Substance use
- Peer support

- Family support
- Supported education and employment

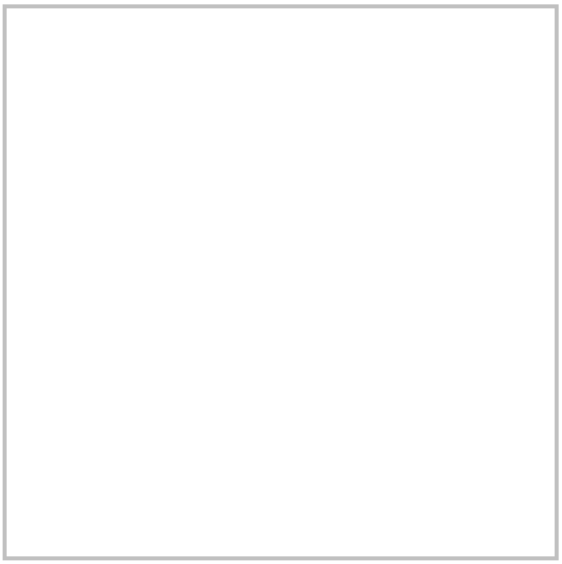
Learn More

Center for Health & Fitness

Our comprehensive fitness center in Redondo Beach is one of two fitness facilities in California certified by the Medical Fitness Association!

- Cycling, Zumba, yoga, Pilates, strength & other exercise classes
- Online exercise classes
- Classes for older adults
- Programs for chronic conditions
- Access to trainers
- Massage
- Nutrition consultation
- Access to state-of-the-art gym equipment

Learn More



Join Our Mailing List

Beach Cities Health District | 514 N. Prospect Ave. 1st Floor | Redondo Beach, CA 90277 US

Unsubscribe | Update Profile | Constant Contact Data Notice

Constant Contact

From:	Mark Nelson (Home Gmail)
To:	cityclerk@manhattanbeach.gov; cityclerk@hermosabeach.gov; CityClerk; Kevin Cody; executiveoffice@bos.lacounty.gov; City Council; info; citycouncil@manhattanbeach.gov; BoardClerk@metro.net; Holly J. Mitchell; Garth Meyer; MHSOAC; CityClerk; info@redondochamber.org
Subject:	Public Comment - All Agencies - Fwd: Confirmation - Share Your Story!
Date:	Thursday, August 28, 2025 7:35:22 PM

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--------- Forwarded message ---------
From: **Smartsheet Forms** <forms@app.smartsheet.com>
Date: Thu, Aug 28, 2025 at 7:33 PM
Subject: Confirmation - Share Your Story!
To: [redacted]

Thank you for submitting your entry. A copy is included below for your records.

Share Your Story!

Name	Mark Nelson
Check box if you'd like your story to be anonymous	☐
Email (to only be used to contact you)	[redacted]
Which facility is your story for?	Beach Cities Health District
Story (Max of 400 words)	The conduct and lack of truthfulness from BCHD has demonstrated a new low for a public agency's integrity. BCHD's lies have included: "we don't know what the buildings next Diamond are in our design plans" - surely anyone who has ever directed design of a house or building has NEVER said anything similar to "I don't know what

that building is on my plot plan." It turns out, it was BCHD planning to put diesel generators 100-feet from homes. LIE.

"the hospital is 6-stories"
- but the certified EIR by BCHD says it's 4 stories. LIE.

"the hospital is 60-feet tall"
- but both the certified EIR and the City of Redondo Beach CUP filing state clearly that the hospital is 51.5-feet tall. LIE.

We all had faith in South Bay Hospital until it failed financially in 1984 (per the Daily Breeze). But the "health district" has been a never ending full time job to cull truth from LIES.

What faith I had in government integrity was destroyed by BCHD.

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From:	Mark Nelson (Home Gmail)
To:	Kevin Cody; CityClerk; cityclerk@manhattanbeach.gov; cityclerk@hermosabeach.gov; James Light; Chadwick B. Castle; Brad Waller; Paige Kaluderovic; Garth Meyer; Scott Behrendt; Zein Obagi; info; LA District Attorney
Subject:	Public Comment HB/RB/MB Mayors and Councils - BCHD Squanders Resident Taxpayer Funds on Non-Resident Services
Date:	Friday, August 22, 2025 12:16:01 AM
Attachments:	CHF & APLEX % Usage R vs NR.pdf

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As expected, BCHD still doesn't bother to track the amount of our tax dollars that are lost to subsidies for non-resident services.

BCHD reports that:

ALLCOVE non-resident use is: 44% to 49%
Center for Health and Fitness non-resident use is: 25%
AdventurePlex non-resident use is: over 50%

Yet, BCHD has no idea how much of our taxes, facilities, land, and staff are "spent" on non-residents.

Imagine the pitchforks and torches if any City was spending 25% to 50% of its services on NON-RESIDENTS. Surely that would NEVER happen. Yet, that's exactly what BCHD does.

We have a serious problem with controls at BCHD and the 3 cities need to get off the dime and support responsible use of resident taxpayer funds and asset revenues by BCHD.

---------- Forwarded message ---------
From: **PRR** <PRR@bchd.org>
Date: Thu, Aug 21, 2025 at 8:15 PM
Subject: RE: BCHD CPRA - Non-resident Use - Public Comment HB/RB/MB Mayors and Councils
To: Mark Nelson (Home Gmail) [redacted]
Cc: PRR <PRR@bchd.org>

Dear Mr. Nelson,

Please see below (in red) for the District's response to your public records requests received 8/11/25 that reads:

For years now, BCHD has been counseled that the costs of non-resident services is of interest to the taxpayer-owners of BCHD. BCHD has had ample time to be low cost, high information systems in place to track non-resident use.

Provide documents demonstrating:

1. fraction of use of allcove program by non-residents

Please see website for publicly available usage information for allcove services.

https://bchd.org/allcove-beach-cities/metrics-dashboard/

2) fully loaded cost of allcove service to non-residents (includes all direct cost, overheads, in-kind expenditures, etc.

No responsive records.

3) fraction of use of AdventurePLex by non-residents

See attached responsive document.

4) fully loaded cost of AdventurePlex service to non-residents (includes all direct cost, overheads, in-kind expenditures, etc.

No responsive records.

5) fraction of use of CHF by non-residents

See attached responsive document.

6) fully loaded cost of CHF service to non-residents (includes all direct cost, overheads, in-kind expenditures, etc.

No responsive records.

If you believe we have not correctly interpreted your request, please resubmit your request with a description of the identifiable record or records that you are seeking.

Please note that if records you are seeking do not exist, BCHD has no obligation to create new records, or to obtain records from other sources, unless those sources are considered "prepared, owned, used by, or retained by" by the District.

Please note that the District may not respond to questions or comments included with your request that are not themselves requests for identifiable public records under the California Public Records Act. The lack of response by the District to any such questions or comments, including follow-up questions and comments, is not an indication of the District's position on any topic or item, and should not be presented as such to any person.

From: Mark Nelson (Home Gmail) [redacted]
Sent: Sunday, August 10, 2025 1:45 PM
To: PRR <PRR@bchd.org>
Cc: Eleanor Manzano <cityclerk@redondo.org>; cityclerk@manhattanbeach.gov; City Council <citycouncil@hermosabeach.gov>
Subject: BCHD CPRA - Non-resident Use - Public Comment HB/RB/MB Mayors and Councils

EXTERNAL EMAIL - CAUTION

For years now, BCHD has been counseled that the costs of non-resident services is of interest to the taxpayer-owners of BCHD. BCHD has had ample time to be low cost, high information systems in place to track non-resident use.

Provide documents demonstrating:

1) fraction of use of allcove program by non-residents

2) fully loaded cost of allcove service to non-residents (includes all direct cost, overheads, in-kind expenditures, etc.

3) fraction of use of AdventurePLex by non-residents

4) fully loaded cost of AdventurePlex service to non-residents (includes all direct cost, overheads, in-kind expenditures, etc.

5) fraction of use of CHF by non-residents

6) fully loaded cost of CHF service to non-residents (includes all direct cost, overheads, in-kind expenditures, etc.

Public Comment: RB, MB, HB Mayors and Councils

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Center for Health and Fitness	Residents	Non-Residents	Total
Membership	73.50%	26.50%	100.00%
Personal Training	86.30%	13.70%	100.00%
Pilates	67.50%	32.50%	100.00%
Yoga	82.40%	17.60%	100.00%
Fee-based Classes, Massage, Nutrition	76.10%	23.90%	100.00%
Total Average Usage of Above Services	**73.80%**	**26.20%**	**100.00%**

ADVENTURE PLEX	
Birthday Parties	
Resident	43.30%
Non-Resident	56.70%
Total	100.00%
Drop-In Play	
Resident	48.17%
Non-Resident	51.83%
Total	100.00%
Camp	
Resident	50.52%
Non-Resident	49.48%
Total	100.00%
Membership	
Resident	58.09%
Non-Resident	41.91%
Total	100.00%
Outdoors	
Resident	53.85%
Non-Resident	46.15%
Total	100.00%
Summary of Services Above	
Resident	49.46%
Non-Resident	50.54%
Total	100.00%

From: Mark Nelson (Home Gmail)
To: CityClerk; Chadwick B. Castle; Brad Waller; Paige Kaluderovic; Scott Behrendt; Zein Obagi; James Light; cityclerk@manhattanbeach.gov; cityclerk@hermosabeach.gov; City Council; citycouncil@manhattanbeach.gov
Cc: Kevin Cody
Subject: PUBLIC COMMENT - ALL AGENCIES - BCHD LIES TO THE PUBLIC AND MEDIA
Date: Tuesday, September 2, 2025 11:11:19 AM
Attachments: image.png

*CAUTION: Email is from an external source; **Stop, Look, and Think** before opening attachments or links.*

See below. BCHD is continuing to operate in the shadows without majority public input. Further, BCHD is misrepresenting HARD DATA and legal, certified filings.

THIS MUST END.

BCHD Certified in the FEIR that the hospital was only 4-stories TALL.

WHO DID BCHD LIE TO? THE STATE OR THE EasyReader?

From the ERNews "The invitation features only the six-story former South Bay Hospital and its ground parking lot."

BCHD filed a draft Pre-CUP that stated the 4-story hospital was 51.5-feet tall.

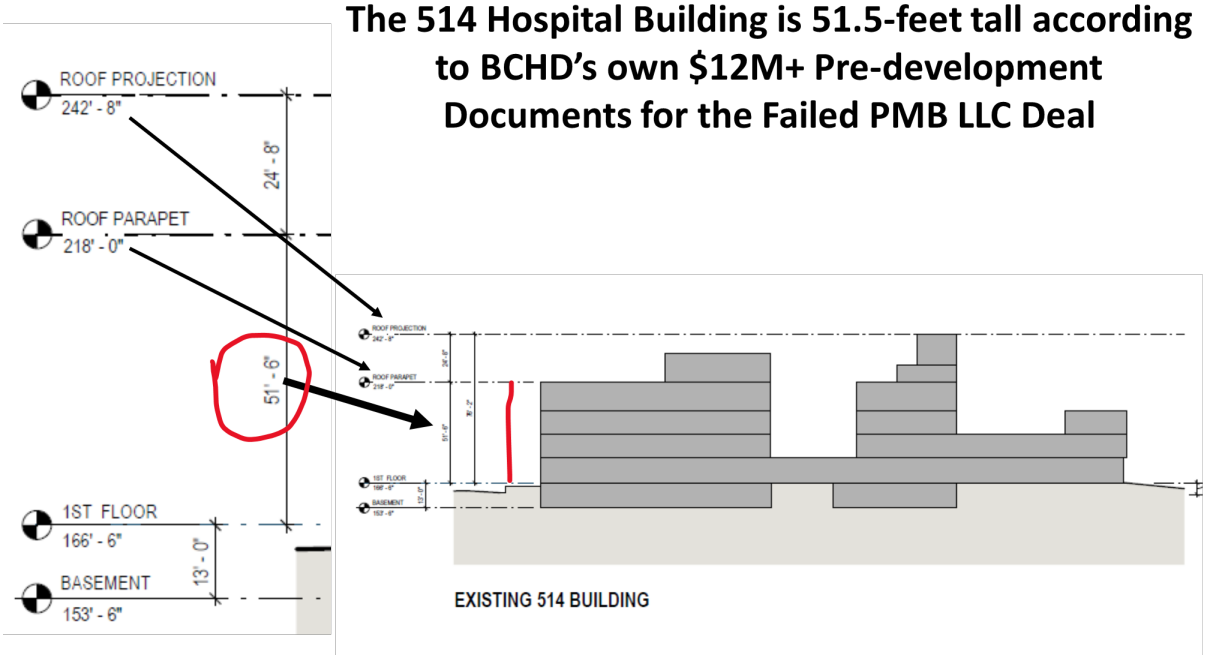
WHO DID BCHD LIE TO? THE STATE OR THE EasyReader?

"Height is to be limited to 60 feet – that of the four-story main hospital building, not counting its tower."

From the BCHD Pre-CUP to the City -

WHY DID BCHD LIE TO THE CITY?

The 514 Hospital Building is 51.5-feet tall according to BCHD's own $12M+ Pre-development Documents for the Failed PMB LLC Deal



These are LIES and BCHD cannot be trusted.